

## Agenda: Moving and living abroad with children (digital)

Time	Monday	Tuesday	Wednesday
8:45 – 9:00	Check in	Check in	Check in
9:00 – 10:00	Introduction Program & Expectation	How to arrive and adjust well	Multilingualism How to learn one or more languages
Break			
10:10 – 12:00	Emotional Needs and Psychological development	How to find a good Nanny?	The strengths & challenges of Third Culture Kids
Lunch Break			
13:00 – 15:00	Living abroad with resilience Saying goodbye	What Kindergarten/Preschool would be best for my child?	How to cope with Homesickness?  Wrap up and Course evaluation